

# BPC-157 PROTOCOL

**Purpose:** A systemic repair peptide that accelerates soft-tissue, vascular, and gut healing  
**Heal the signal, not just the symptom**

## What it is

BPC-157 is a **synthetic pentadecapeptide** derived from a naturally occurring protein found in **human gastric juice**. It functions as a **systemic repair signal**, coordinating angiogenesis, tissue regeneration, and inflammatory modulation across multiple systems. This is not a painkiller. This is infrastructure repair

**Results:** Accelerates soft-tissue and connective-tissue repair by improving angiogenesis, cellular integrity, and inflammatory regulation.  
Clinically observed to support faster recovery from injury, improved joint and gut resilience, and reduced chronic inflammation.  
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Repair + Regeneration

**Axis:** Repair/Rcovery

## Vial Composition

Component	Amount
BPC-157	10 mg
<b>Total per vial</b>	<b>10 mg</b>
Reconstitution: bacteriostatic water	2 mL
Final concentration: mg/mL (total peptide/ml)	5.0 mg/mL

## Dosing Protocol

Parameter	Specification
Injection timing	Morning (Fasted)
<b>Dose (total) (2-3x/d)</b>	<b>0.50 mg</b>
BPC-157	0.50 mg
Injection volume	0.1 mL (≈10 insulin units)
Frequency: days/week	7
	<b>IM/SubQ or injury</b>

## Protocol Length

	Time Frame
<b>Total duration: weeks</b>	12
<b>Active dosing days: days</b>	84
<b>Vials:</b>	4.2

## Supply Calculation

Item	Quantity
Total peptide required	42 mg
Vials required	5 vials (10 mg each)
Insulin syringes	84
BAC water	9 mL (recommended 1-10 mL vials)