

BPC-157 PROTOCOL

Purpose: A systemic repair peptide that accelerates soft-tissue, vascular, and gut healing
Heal the signal, not just the symptom

What it is

BPC-157 is a **synthetic pentadecapeptide** derived from a naturally occurring protein found in **human gastric juice**. It functions as a **systemic repair signal**, coordinating angiogenesis, tissue regeneration, and inflammatory modulation across multiple systems. This is not a painkiller. This is infrastructure repair

Results: Accelerates soft-tissue and connective-tissue repair by improving angiogenesis, cellular integrity, and inflammatory regulation.

Clinically observed to support faster recovery from injury, improved joint and gut resilience, and reduced chronic inflammation.: Accelerates soft-tissue and connective-tissue repair by improving angiogenesis, cellular integrity, and inflammatory regulation. Clinically observed to support faster recovery from injury, improved joint and gut resilience, and reduced chronic inflammation.

Repair + Regeneration

Axis: Repair/Recovery

Vial Composition

Component	Amount
BPC-157	10 mg
Total per vial	10 mg
Reconstitution: bacteriostatic water	2 mL
Final concentration: mg/mL (total peptide/mL)	5.0 mg/mL

Dosing Protocol

Parameter	Specification
Injection timing	Morning (Fasted)
Dose (total) (2-3x/d)	0.50 mg
BPC-157	0.50 mg
Injection volume	0.1 mL (≈10 insulin units)
Frequency: days/week	7
	IM/SubQ or injury

Protocol Length

	Time Frame
Total duration: weeks	12
Active dosing days: days	84
Vials:	4.2

Supply Calculation

Item	Quantity
Total peptide required	42 mg
Vials required	5 vials (10 mg each)
Insulin syringes	84
BAC water	9 mL (recommended 1-10 mL vials)

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