

# GLOW BLEND PROTOCOL

It attacks inflammation at the signal level, rebuilds connective tissue at the cellular level, and restores skin, gut, and soft tissue integrity at the structural level.

This is **inside-out regeneration**, not cosmetic fluff

## What it is

**TB-500 (Frag Thymosin Beta-4)** – *Structural repair & angiogenesis*

Mobilizes actin, supports new blood vessel formation, speeds tissue remodeling.

**BPC-157** – *Injury repair & inflammation control*

Tendon/ligament/gut repair, nitric-oxide signaling, faster recovery from abuse (training, travel, life).

**GHK-Cu** – *Collagen, skin, hair, anti-aging signaling*

Upregulates collagen, elastin, glycosaminoglycans; improves skin quality and tissue resilience.

**Axis:** Repair

## Vial Composition

| Component  | Amount       |
|--|--------------|
| BPC-157  | 10 mg        |
| TB500  | 10 mg        |
| GHK-Cu   | 50 mg        |
| <b>Total per vial</b>                                | <b>70 mg</b> |
| <b>Reconstitution:</b> bacteriostatic water          | 2 mL         |
| <b>Final concentration:</b> mg/mL (total peptide/ml) | 35.0 mg/mL   |

## Dosing Protocol

| Parameter                        | Specification              |
|----------------------------------|----------------------------|
| Injection timing (can be 2x/day) | Morning (Fasted)           |
| <b>Dose (total)</b>              | <b>3.50 mg</b>             |
| BPC-157                          | 0.50 mg                    |
| TB500                            | 0.50 mg                    |
| GHK-Cu                           | 2.50 mg                    |
| Injection volume                 | 0.1 mL (≈10 insulin units) |
| Frequency: days/week             | 7                          |

## Protocol Length

|                                 | Time Frame |
|---------------------------------|------------|
| <b>Total duration:</b> weeks    | 12         |
| <b>Active dosing days:</b> days | 84         |
| <b>Vials:</b>                   | 4.2        |
| <b>Vials: 2x/d</b>              | 8.4        |

## Supply Calculation

| Item                   | Quantity                         |
|------------------------|----------------------------------|
| Total peptide required | 294 mg                           |
| Vials required         | 5 vials (70 mg each)             |
| Insulin syringes       | 84                               |
| BAC water              | 9 mL (recommended 1-10 mL vials) |

*For educational and research reference only. Not intended for diagnosis, treatment, or medical advice.*